



Senior Centers Menu October 2020



Monday	Tuesday	Wednesday	Thursday	Friday
5 Chicken & Noodles Harvard Beets Fruit Salad Cake	6 Chipped Beef on Biscuits Peas/Carrots Fruited Jell-O Brownies	7 Beef & Veggie Soup Corn Bread Fruited Jell-O Cookies	8 COOK'S CHOICE	9 Meatloaf Mashed potatoes Broccoli Normandy Fruit
12 CENTER CLOSED COLUMBUS DAY!	13 Sausage & Gravy over Biscuits Peas/Carrots Apple Crisp	14 Tomato Rice Soup Ham Sandwiches Pineapple Cake Pears	15 Polish Dogs Baked Beans Coleslaw Pineapple	16 Baked Cod Fish Mac & Cheese Buttered Beets Tossed Salad Fruit
19 Burgers on a Bun French Fries 3 Beans Salad Orange Fruited Jell-O	20 TACO TUESDAY	21 Ham & Bean Soup Tossed Salad Corn Bread Fruit	22 Baked Chicken Breast Mashed Sweet Potatoes Spinach Fruit Salad	23 Calico Beans Coleslaw Relish Tray Corn Bread Pears
26 Chicken & Rice Casserole Stir Fry Veggies Fruit Cobbler	27 COOK'S CHOICE	28 Chili Grilled Cheese Sandwiches Relish Tray Fruit	29 Tilapia Baked Potato Broccoli Normandy Fruited Lemon Pudding	30 Spaghetti Coleslaw Green Beans Fruit Brownies

PLEASE CALL BY 9:30
Colstrip 748-3525
Forsyth 346-2878

SUGGESTED DONATION FOR SENIORS
\$4.00
PRICE FOR NON-SENIORS \$7.00

ALL MEALS ARE SERVED WITH
WATER, COFFEE, TEA, JUICE, AND
2% MILK

ALL MEALS ARE
SUBJECT TO
CHANGE